

The National Centre for Sport and Exercise Medicine East Midlands seeks to improve the nation's health and prevent the onset of disease.

Allows academics to work in close collaboration with clinicians and members of the public.



Enables experts in chronic disease, sports injuries and musculoskeletal health to collaborate to treat and prevent injuries caused by exercise and to tackle conditions associated with a lack of exercise.



Recognised as an International Olympic Committee (IOC) Research Centre for Prevention of Injury and Protection of Athlete Health – one of just nine globally.

